

# 2019 - The Year of Anointing

## Fruit for This Month - 'Forgiveness'

"Forgive, forget. Bear with the faults of others as you would have them bear with yours. Be patient and understanding. Life is too short to be vengeful or malicious"

"I'm not going to forgive you, even if I die, I won't forgive and forget this". You may have heard people say this. Either you have said it or you were in the receiving end of it. Blessed are you if you can't relate to this. When was the last time you hurt somebody or somebody hurt you? When was the last time you forgave somebody else or yourself? When you talk about forgiveness, what do you think the Bible says about forgiveness?

The first thing that comes to our mind "70 times seven," a reference to Jesus' instruction to his disciples that they must forgive without bound. Next is probably the Lord's Prayer, citing the verse, "Forgive us our trespasses as we forgive those who trespass against us." Next would be Jesus' words from the cross, "Father, forgive them." Probably our thinking ends there. One of the most celebrated forgiveness texts is Jesus' prayer from the cross, "Father, forgive them; for they do not know what they are doing" (Luke 23:34). This is often cited as the quintessential moment of unconditional Christian forgiveness, and held up as a model that believers should seek to emulate.

This is not always easy. If repentance is genuine, it must always be forgiven, even if it is the same sin over and over again. Human nature wants to push us in the direction of giving up on someone who is in perpetual sin because we tend to stop believing in someone who is constantly engaged in sin, but the Bible is clear on this issue. God never gives up on His children who come in His name to ask for forgiveness, which is why we cannot give up either.

"Forgiveness is something all of us want to receive but most of us hesitate to give. Jesus makes it clear, however, that we can't have it without giving it. If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins (Matthew 6:14-15). These words allow no room for doubt or discussion. Forgiveness flows two ways. We cannot separate receiving forgiveness from extending forgiveness.

Forgiveness is at the core of emotional well-being. It is fair to say that unforgiving people are emotionally sick. Their bitterness is a disease of the spirit, and it is inevitable that the unforgiving person eventually will experience physical illness as well. Anger causes surges of adrenaline and secretes other powerful chemicals that attack the body. The stress we carry when we refuse to give or receive forgiveness affects our hearts, minds, and bodies. To make matters worse, both rage and depression contribute to obsessive behaviors such as overeating, workaholism, overspending, and even addictions.

### WORSHIP TIMINGS

#### SUNDAYS

English Service - 09:30 AM to 11:30 AM

Sunday School - 11:00 AM to 12:00 PM

#### SATURDAYS

C.R.E.W. Pitstop - 07:00 PM to 09:00 PM

#### MONDAYS

Cottage Meetings - 07:00 PM to 08:30 PM

#### FASTING PRAYERS

(held prior to Communion Sunday)

Thursday 07.30 PM to 09.00 PM

Friday 09:30 PM to 12:00 AM

#### LIFE GROUPS

Various Areas 7:30 PM to 09:00 PM

For schedule contact:

9916777761/8748888700



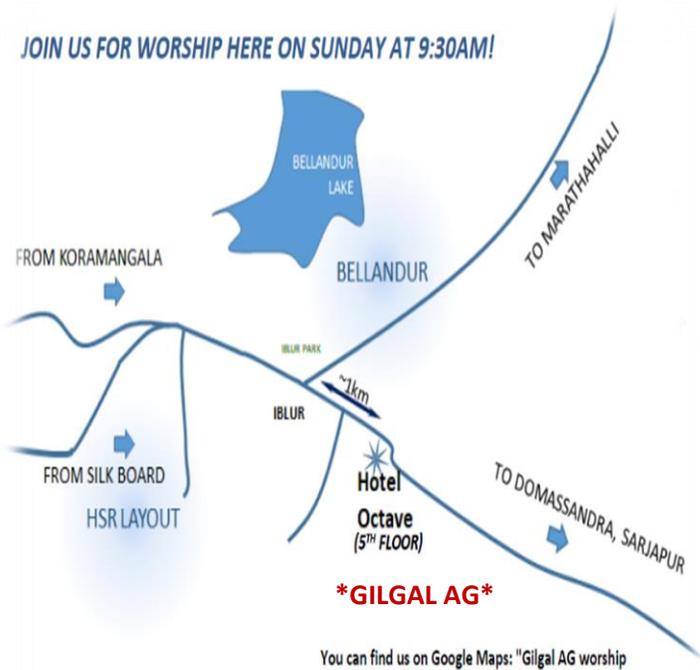
# November – Month of Forgiveness

Refusing to forgive is a sin. If we receive forgiveness from God, we must give it to others who hurt us. We cannot hold grudges or seek revenge. We are to trust God for justice and forgive the person who offended us. That does not mean we must forget the offense, however; usually, that's beyond our power. Forgiveness means releasing the other from blame, leaving the event in God's hands, and moving on. Forgiveness cannot begin until we admit our own failures. If we cannot do that much, we can neither give nor receive forgiveness. We cannot receive forgiveness without acknowledging our need for it, and we cannot extend forgiveness without admitting that because of our own imperfect condition we have no right to withhold forgiveness from anyone else. For Christians, forgiveness is nonnegotiable; it is the very essence of our faith."

The entire Bible points to Jesus Christ and his divine mission to save us from our sins. The Apostle Peter summed it up like this: Acts 10:39-43

We are witnesses of everything he did in the country of the Jews and in Jerusalem. They killed him by hanging him on a cross, but God raised him from the dead on the third day and caused him to be seen. He was not seen by all the people, but by witnesses whom God had already chosen -- by us who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one whom God appointed as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name. (NIV)

JOIN US FOR WORSHIP HERE ON SUNDAY AT 9:30AM!



[PARKING AVAILABLE]

## Gilgal Times Bible Quiz - November

1. Who claimed that he feared the Lord from his youth?
2. Who were the friends of Job that came to visit him?
3. Name the Son and grandson who were buried in his father's tomb?
4. Who was the '13th' disciple of Jesus?
5. I am a priest, but I don't have a genealogy, no parents, no beginning of days, no end of life. Who am I?
6. Name the firstborn of Joseph
7. To which church was Paul, 'as gentle as a nursing mother cherishing her own children'?
8. Who rose against Nehemiah when he was trying to rebuild the walls of Jerusalem?
9. Who sang "he will make my feet like deer's feet"?
10. Who is the longest ruling king of Israel?

\*Answers must be submitted before **22<sup>nd</sup> November**.

\*Winner will be declared in the next edition of Gilgal Times.

\*When submitting answers, kindly mention your full name and your Area. Send in your answers via E-Mail or WhatsApp

[gilgaltimesquiz@gmail.com](mailto:gilgaltimesquiz@gmail.com) or **7678009772**

## Bible Quiz answers for the October Issue

1. Ibzan - Judges 12:8	6. Euthycus - Acts 20:9
2. David - II Samuel 8:13	7. Eli - I Samuel 2:29
3. Rehoboam - II Chronicles 10:1	8. Nine - Luke 17:17
4. Nahor - Genesis 11:24	9. Jonah - Jonah 2:2
5. North Wind - Proverbs 25:23	10. Jared - Genesis 5:20

## Winner of October Issue - Soumya Jaison - Hennur Area

Answers submitted by - Shinu Ibey, Priya Thomas, Soumya Jaison, Sushmitha, Joji Varghese, Regini Paul, Lavanya Bennet, Raniel Babu, Raphael, Rohith Immanuel, Suranjini Jayasuriya, Upashna Regmi



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